

# Vegetarian Choices



**Egg: egg mayonnaise, sliced boiled egg**

**Cheeses: mature Cheddar, smoked Cheddar, Monterey Jack, Mozzarella, cream cheese, Edam, Brie, Stilton, cheese & spring onion, three cheese and red onion**

**Home-made quiche slices: margarine, cream, cheese, egg**

**Houmous - red pepper, caramelised onion, jams, peanut butter, chocolate hazelnut spread, Marmite**

**Salad bar selections - fresh choice daily**

**Hot Options: baked jacket potato, panini, toasted sandwich, Crantock's mature cheese pasty, pizza baguette, home-made soup, mushrooms, baked beans, chargrilled veg: aubergine, courgette, peppers**

**Fish: cod fillet fish fingers, giant cod fish finger, tuna mayonnaise, tuna melt: tuna, mayo, cheese, piri piri sauce; smoked salmon, prawns**

**All of our breads and rolls are suitable for a vegetarian diet; we can also provide a vegetarian alternative to butter/margarine**